



APPLIED MECHANICAL SYSTEMS, INC.



[regenexxbenefits.com/ams](https://regenexxbenefits.com/ams)

We value your contributions to our success and want to provide you with a competitive and comprehensive benefits package. After careful evaluation, we've added coverage for Regenexx services as a means of providing our members a research-based alternative to many common orthopedic surgeries. Regenexx provides patients with an alternative to orthopedic surgery by harnessing their body's own healing processes to treat orthopedic injuries. Regenerative medicine provides many advantages over traditional surgeries—including faster recovery time, reduced risk, and lower cost.

### **YOUR REGENEXX COVERAGE**

We are adding a health plan benefit that offers you a choice in treatment for musculoskeletal and orthopedic injuries. Effective for **January 1, 2024 plan year**, you have access to the Regenexx procedures as a covered benefit under the Applied Mechanical Systems healthcare plan.

Regenexx implements your body's natural healing agents by employing your own stem cells and blood platelets to treat your damaged bone, cartilage, muscle, tendon, and ligament tissues—eliminating the need for up to 70 percent of elective orthopedic surgeries.

### **WHAT REGENEXX CAN DO FOR YOU**

We encourage our members to become familiar with the Regenexx procedures. The enclosed document with your personal benefit cards provides more information and highlights the conditions treated by Regenexx. In the event of an orthopedic injury or chronic musculoskeletal pain, a Regenexx physician is your resource for a complete evaluation, diagnosis, and treatment plan.

**To learn more, visit [regenexxbenefits.com/ams](https://regenexxbenefits.com/ams).**

### **YOUR WELL-BEING MATTERS**

Applied Mechanical Systems can assist you in the process of making informed decisions about Regenexx to enhance your well-being and that of your family.

If you have questions about how Regenexx procedures can benefit you, please contact your dedicated Regenexx Patient Liaison for Applied Mechanical Systems at **866-693-1116**.



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### REGENEXX TREATMENT FOR ORTHOPEDIC INJURIES

Regenexx uses your body's own healing capabilities to treat orthopedic injuries non-surgically using concentrated blood and bone marrow. With decades of expertise, we've helped patients avoid 70 percent of elective surgeries. Our needle-based, outpatient procedures ensure faster recovery and lower risks. Imaging or therapy may be required prior to qualifying for any Regenexx procedures.

### YOUR REGENEXX BENEFIT

Regenexx is covered as an in-network benefit within the Applied Mechanical Systems health plans. In-network benefits for specialist services within your plan and in-network co-pay, coinsurance, deductibles, and out-of-pocket maximums apply for all Regenexx services. Non-Regenexx services may fall under a different benefit level, and may or may not be treated as in-network. Charges depend on your specific plan details and your current deductible and out-of-pocket status.

### LEARN MORE ABOUT REGENEXX AND YOUR BENEFITS

Regenexx hosts weekly webinars to discuss our treatments and the science behind them. At these webinars, you will be given an opportunity to make comments and ask questions. Check for regularly updated dates and times.



**Register using the QR code (left) or the link provided (below).**

[regenexxbenefits.com/webinar?card](https://regenexxbenefits.com/webinar?card)



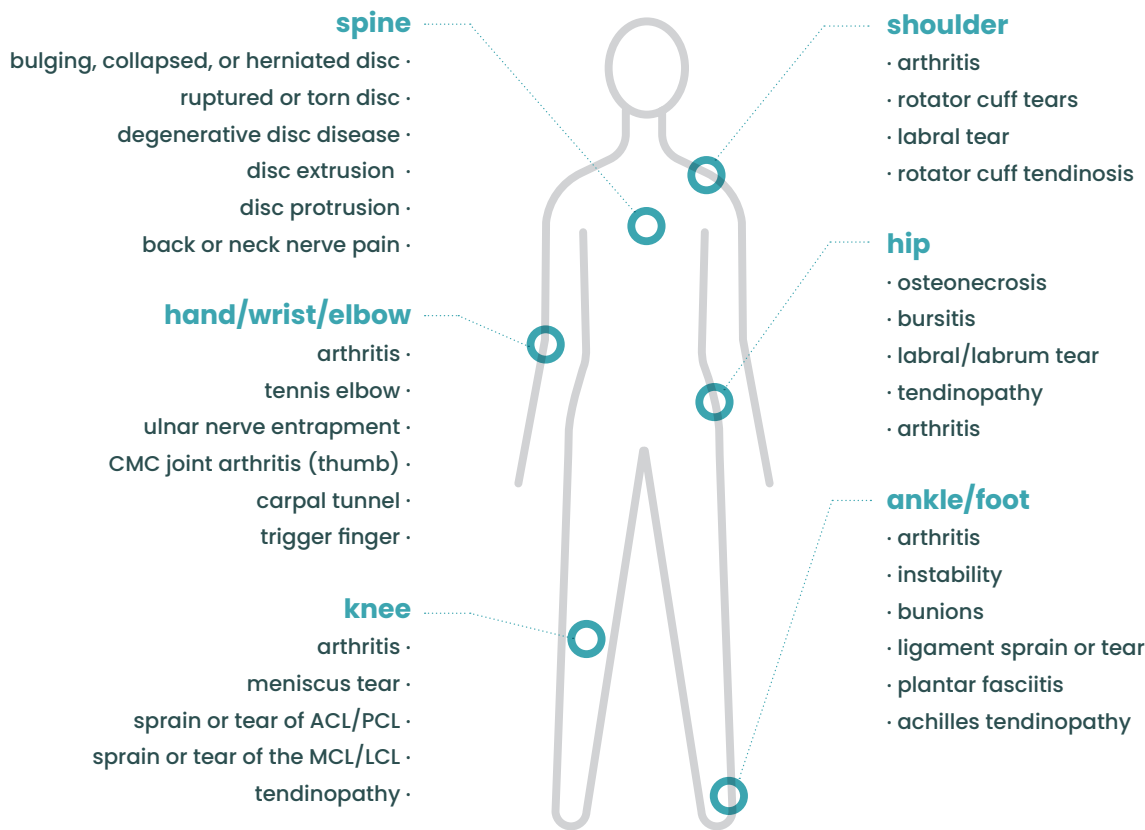
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## WHAT CONDITIONS DOES REGENEXX TREAT?

If you have pain, we're here to help. **Regenexx** procedures treat a wide range of common joint injuries and degenerative joint conditions such as:



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### SPINE

- . bulging, collapsed, or herniated disc
- . ruptured or torn disc
- . degenerative disc disease
- . disc extrusion
- . disc protrusion
- . back or neck nerve pain

### HIP

- . osteonecrosis
- . bursitis
- . labral/labrum tear
- . tendinopathy
- . arthritis

### KNEE

- . arthritis
- . meniscus tear
- . sprain or tear of ACL/PCL
- . sprain or tear of the MCL/LCL
- . tendinopathy

### ANKLE/FOOT

- . arthritis
- . instability
- . bunions
- . ligament sprain or tear
- . plantar fasciitis
- . achilles tendinopathy

### SHOULDER

- . arthritis
- . rotator cuff tears
- . labral tear
- . rotator cuff
- . tendinosis

### HAND/WRIST/ELBOW

- . arthritis
- . tennis elbow
- . nerve entrapment
- . CMC joint arthritis (thumb)
- . carpal tunnel
- . trigger finger



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